

Qualities of a Good Mentor

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What's a given...



Mentor

Expert in their field
Willingness to share
their time
Lends their
connections]
Promotor/sponsor
Is helpful (reviewing
papers, presentations)

Trainee

Timely & responsive
Demonstrate follow-
through
Motivated

If you have a choice...



I'm going to tell you a story...about me!

How did I end up as chair of a department at the #1 cancer center (as of today!) at 45 years old?

My friend vs. Me

Tells you the truth

Be open and listen



Gives you opportunities

Say yes to some and no to others

Shares their ideas/new directions

Being innovative can be difficult



Helps you grow in areas you are
weak

Know yourself. It's ok to be vulnerable.

Helps you run your own race

Social comparison kills dreams and spirits.

If you don't have a choice...you still
need to find this person!

Putting it all together...

- Know yourself.
- Find different mentors based on your needs (career, content expert, etc.)
- Be responsible for your personal development (don't blame circumstances or people).

My final story...develop your team...I did

It's your career